Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject	STATEMEN
to Section 16. Form 4 or Form 5	
obligations may continue. See	

NT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Herman Thomas F						2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [GO]									all applicable) Director		ng Person(s) to Issue		vner	
	(Fir OCERY OU OLLIS STRI	TLET HOLDIN	Middle	•	10/1	3. Date of Earliest Transaction (Month/Day/Year) 10/15/2021 4. If Amendment Date of Original Filed (Menth/Day/Year)								India	Officer (give title below)		Other (spe below)			
(Street) EMERY (City)	VILLE CA		4608 Zip)		4. 11 /	Amendi	dment, Date of Original Filed (Month/Day/Year)							ine) X	Form Form	fual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Table	I - N	lon-Deriva	tive S	Secui	rities	Acc	quire	d, Di	sposed of	f, or E	enefic	ially	Own	ed				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Y				Year)	Execution Date,			3. Transa Code (8)		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a			and 5) Secur Benef		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	Amount	(A) or (D)	Price		Transa	action(s) 3 and 4)			(1130.4)					
Common	Common Stock 10/15/202					21			S ⁽¹⁾		2,000	D	\$23.92	.8 ⁽²⁾ 55,		5,517			By Trust ⁽³⁾	
Common Stock															14,883			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	tive Conversion Date Execution Date, True or Exercise (Month/Day/Year) if any					nsaction of De Se Ac (A) Dis		osed) :. 3, 4	Expi	nte Exer ration C nth/Day/		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		Der Sec	vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	Code V (A) (D			Date Exercisable		Expiration Date	Title	Number of Shares							

Explanation of Responses:

- 1. This transaction was effected pursuant to a previously adopted Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$23.53 to \$24.56, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 3. Reflects shares directly held by the Thomas F. Herman Separate Property Trust of which Mr. Herman is a Trustee.

Remarks:

/s/ Pamela B. Burke, Pamela B. Burke, as Attorney-in-Fact

10/18/2021

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.