SEC For		_																	
FORM 4 UNITED S Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).				ED STA	TES	SE(		ES A ington, I			NGE	CON	IMI	SSION		OMB	APPF	ROVA	AL
					ENT OF CHANGES IN BENEFICIAL OWNE ed pursuant to Section 16(a) of the Securities Exchange Act of 1934											OMB Number: Estimated average bur hours per response:			35-0287 0.5
1. Name and Address of Reporting Person <sup>*</sup> Lindberg Eric J. Jr.					2. Is	2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Grocery Outlet Holding Corp.</u> [ GO ]								eck all applie	cable)	porting Person(s) to Issuer			
(Last) (First) (Middle) C/O GROCERY OUTLET HOLDING CORP. 5650 HOLLIS STREET					3. Date of Earliest Transaction (Month/Day/Year) 06/16/2021								X Director 10% Owner X Officer (give title Other (specify below) below) Chief Executive Officer						
(Street) EMERYVILLE CA 94608					4. If	Line) X Form filed								iled by ( iled by I	nt/Group Filing (Check Applicable I by One Reporting Person I by More than One Reporting				
(City)	(5	itate)	(Zip)									1 61301							
		Та	ble I - N	Non-Deriv	ative	Secu	urities A	cquire	d, D	isposed o	of, or B	enefic	ciall	y Owned					
			2. Transaction Date (Month/Day/Y		Execution I		3. Transaction Code (Instr. 8)			Acquired (A) or (D) (Instr. 3, 4 ar		d 5) 5. Amount of Securities Beneficially Owned Follow Reported		у	Form:	vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price		Transactio (Instr. 3 an				(instr	. 4)
Common Stock			06/16/2021				М		25,000	Α	\$3.	81	72,9	60	I	)			
Common	Stock			06/16/2	021			<b>S</b> <sup>(1)</sup>		25,000	D	\$34.0	<mark>)6</mark> (2)	47,9	60	I	C		
Common Stock													2,126,	670		I		lberg ocable t <sup>(3)</sup>	
Common Stock													701,5	500	:	I		lberg vocable st <sup>(4)</sup>	
Common Stock													460	)	1	I	By c	hild	
Common Stock													460	)		I	By s	pouse	
			Table							sposed of, converti				Owned					
1. Title of Derivative Security (Instr. 3)	of 2. 3. Transaction 3A. Deemed tive Conversion Date Execution Date, ty or Exercise (Month/Day/Year) if any		1. Fransac	ansaction ode (Instr. 5. Number Derivative		.,	e Exer	rcisable and Date	7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		ount	nt 8. Price of 9. Nu Derivative deriv Security Secu		ities Form: icially Direct (E d or Indire ving (I) (Instr.		ship D) ect	11. Nature of Indirec Beneficia Ownershi (Instr. 4)		

	Derivative Security				Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)				(Instr. 3 and 4)			Owned Following Reported Transaction(s) (Instr. 4)	or Indirect (I) (Instr. 4)	(Instr. 4)	
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Options (Right to Buy)	\$3.81	06/16/2021	М			25,000	(5)	10/21/2024	Common Stock	25,000	\$0	832,614	D		

Explanation of Responses:

1. This transaction was effected pursuant to a previously adopted Rule 10b5-1 trading plan.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$33.73 to \$34.21, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.

3. Reflects shares directly held by The Lindberg Family Revocable Trust u/a/d 2/14/2006 of which Mr. Lindberg is a Trustee

4. Reflects shares directly held by The Lindberg Family Irrevocable Trust u/a/d 5/12/2017 of which Mr. Lindberg is a Trustee.

5. Represents previously granted stock options which were deemed earned and acquired upon the satisfaction of certain performance vesting criteria. These stock options are vested and exercisable.

/s/ Pamela B. Burke, Pamela B. 06/17/2021

Burke, as Attorney-in-Fact \*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.