FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL             |     |  |  |  |  |  |  |  |
|--------------------------|-----|--|--|--|--|--|--|--|
| OMB Number: 3235-0287    |     |  |  |  |  |  |  |  |
| Estimated average burden |     |  |  |  |  |  |  |  |
| hours per response:      | 0.5 |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person*  Read S. MacGregor Jr. |  |  |  |             |                   | 2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [ GO ] |   |          |              |                                  |  |   |                           |   | (Ch  |   | tionship of<br>all applica<br>Director              |   | g Perso                         | on(s) to Issu  |                                       |
|--|--|--|--|-------------|-------------------|---|---|----------|--------------|----------------------------------|--|---|---------------------------|---|--|---|---|---|---------------------------------|--|---------------------------------------|
| (Last)   | (  | =irst)   | (Middle)   |             |                   | 3. Date of Earliest Transaction (Month/Day/Year) 12/18/2020                     |   |          |              |                                  |  |   |                           | $\dashv$  | Λ  | Officer (sbelow)  | give title  | Other (sp<br>below)   |                                 |  |                                       |
| C/O GROCERY OUTLET HOLDING CORP.                             |  |  |  |             |                   | 12/10/2020  |   |          |              |                                  |  |   |                           |   |  |   |   |   |                                 |  |                                       |
| 5650 HO  | 4.   | If Ame   | endme  | ent, Date o | of Ori            | iginal F  | iled (  | Month/Da | y/Year       | )                                | 6.1  | 6. Individual or Joint/Group Filing (Check Applicable |                           |   |  |   |   |   |                                 |  |                                       |
| (Street)   |  | 4. If Amendment, Date of Original Filed (Month/Day/Year) |  |             |                   |   |   |          |              |                                  |  | Line)   |                           |   |  |   |   |   |                                 |  |                                       |
|  | VILLE (  | CA   | 94608  |             |                   |   |   |          |              |                                  |  |   |                           |   |  | X Form filed by One Reporting Person  Form filed by More than One Reporting  Person |   |   |                                 |  |                                       |
| (City)   | (  | State)   | (Zip)  |             |                   |   |   |          |              |                                  |  |   |                           |   |  |   |   |   |                                 |  |                                       |
|  | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   |  |  |             |                   |   |   |          |              |                                  |  |   |                           |   |  |   |   |   |                                 |  |                                       |
| 1. Title of Security (Instr. 3)  2. Trans Date (Month)       |  |  |  |             |                   |   | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) |          | Code (Instr. |                                  | 4. Securities Acquired (A)<br>Disposed Of (D) (Instr. 3, 4 |   |                           |   | 4 and 5) Securitie<br>Beneficia<br>Owned F |   | S<br>Ily  | Form  | : Direct<br>Indirect<br>str. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership                      |                                       |
|  |  |  |  |             |                   |   |   |          | ď            | Code                             | v  | Amount  | (                         | (A) or<br>(D)   | r Price                                    |   | Reported<br>Transaction<br>(Instr. 3 au             | on(s)<br>nd 4)  |                                 |  | (Instr. 4)                            |
| Common Stock 12  |  |  |  | 12/1        | 18/2020           |   |   |          |              | M                                |  | 100,00  | 00                        | A   | \$7.1                                      | 3   | 102,712   |   | D                               |  |                                       |
| Common Stock   |  |  |  | 12/1        | 18/2020           |   |   |          |              | S <sup>(1)</sup>                 |  | 100,00  | 00                        | D   | \$40                                       | \$40  |   | 2,712   |                                 | D  |                                       |
| Common Stock   |  |  |  |             |                   |   |   |          |              |                                  |  |   |                           |   |  |   | 2,307   | 7,975   |                                 |  | By<br>Trust <sup>(2)</sup>            |
| Common Stock   |  |  |  |             |                   |   |   |          |              |                                  |  |   |                           |   |  |   | 2,307   | 7,975   |                                 |  | By<br>Trust <sup>(3)</sup>            |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |  |  |             |                   |   |   |          |              |                                  |  |   |                           |   |  |   |   |   |                                 |  |                                       |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)          | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security  | 3. Transaction<br>Date<br>(Month/Day/Year)               | 3A. Deemed<br>Execution Da<br>if any<br>(Month/Day/) |             | ransad<br>Code (I |   | Derivative E  |          | Exp          | oate Exe<br>piration<br>onth/Day | Date   | ble and   | of Sec<br>Under<br>Deriva | 7. Title and Amo<br>of Securities<br>Underlying<br>Derivative Secur<br>(Instr. 3 and 4) |  | D   | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number<br>derivative<br>Securities<br>Beneficial<br>Owned<br>Following<br>Reported<br>Transactio | e<br>s<br>Illy                  | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |
|  |  |  |  | c           | ode               | v   | (A)   | (D)      | Date<br>Exe  | e<br>ercisable                   |  | xpiration<br>ate                                      | Title                     | i   | Amount<br>or<br>Number<br>of Shares        |   |   | (Instr. 4)  | ,                               |  |                                       |
| Stock<br>Options<br>(Right to<br>Buy)                        | \$7.13   | 12/18/2020   |  |             | М                 |   |   | 100,000  |              | (4)                              | 10   | 0/21/2024   | Comn                      |   | 100,000                                    |   | \$0.00  | 400,00  | 00                              | D  |                                       |

## **Explanation of Responses:**

- 1. The sale was executed in a single block trade at \$40.00 per share.
- 2. Reflects shares directly held by the Nordlingen Trust dated 1/23/2012, as amended and restated 9/17/2014 of which Mr. Read is a Trustee.
- $3.\ Reflects\ shares\ directly\ held\ by\ the\ Redmond\ Trust\ dated\ 10/19/2003,\ as\ amended\ and\ restated\ 9/17/2014\ of\ which\ Mr.\ Read\ is\ a\ Trustee.$
- 4. Represents previously granted stock options which were deemed earned and acquired upon the satisfaction of certain performance vesting criteria. These stock options are vested and exercisable.

The reporting person disclaims beneficial ownership of all indirectly held securities except to the extent of his pecuniary interest therein.

/s/ Pamela B. Burke, Pamela B. Burke, as Attorney-In-Fact

\*\* Signature of Reporting Person

12/21/2020

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.