Instruction 1(b).

FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject	STATE
to Section 16. Form 4 or Form 5	
obligations may continue. See	

## EMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Herman Thomas F						2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [ GO ]											o of Reportir licable) tor	ng Pe	rson(s) to Is	
		TLET HOLDIN	Middl NG C	•	3. Date of Earliest Transaction (Month/Day/Year)  11/16/2021  Officer (give title below)  below)  Other (specify below)												specify			
5650 HOLLIS STREET  (Street)  EMERYVILLE CA 94608						4. If Amendment, Date of Original Filed (Month/Day/Year)										vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person				.
(City)	VILLE CA (Sta		4600 Zip)														Form filed by More than One Reporting Person			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Date				2. Transaction Date (Month/Day/Ye	ear) if	A. Deen Executio f any Month/D	n Date,	,   T	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an				Benefic		ities icially d Following	Forr (D) ( Indi	m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership
								C	Code	v	Amoi	ount	(A) or (D)	Price		Transa	saction(s) r. 3 and 4)		nstr. 4)	(Instr. 4)
Common	ommon Stock 11/16/20				1				S <sup>(1)</sup>		2,000		D	\$27.91	.77 <sup>(2)</sup>	53,517				By Trust <sup>(3)</sup>
Common	Common Stock															14,883			D	
		Tal	ble I	II - Derivati (e.g., ρι												Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exe if ar	Deemed cution Date, ny nth/Day/Year)		action (Instr.	5. Nur of Deriva Secur Acqui (A) or Dispo of (D) (Instr. and 5	ative rities ired osed	Exp	Date Exe piration onth/Day	Date		Amo Secu Unde Deriv	erlying rative rity (Instr. 1 4)	Deri Sec (Ins	ivative	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	,	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	Code V (A) (D)			Date Exercisab			expiration Pate	Title	Amount or Number of Shares						

## **Explanation of Responses:**

- 1. This transaction was effected pursuant to a previously adopted Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$27.58 to \$28.02, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 3. Reflects shares directly held by the Thomas F. Herman Separate Property Trust of which Mr. Herman is a Trustee.

## Remarks:

/s/ Pamela B. Burke, Pamela B. Burke, as Attorney-in-Fact

11/16/2021

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.