FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	OMB APPROVAL									
OMB Number: 3235-02										
	Estimated average burden									
l	hours per response:	0.5								

1. Name and Address of Reporting Person* <u>Gray Lindsay E.</u>						2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [ GO ]								Check	all applic	,		10% Ov	vner
	,	UTLET HOLDIN	(Middle) NG COF	RP.		b. Date of Earliest Transaction (Month/Day/Year) 16/08/2022							X	below)					
	VILLE C		94608		_   4. li	If Amendment, Date of Original Filed (Month/Day/Year)								. Indivi ine) X	Form f	Joint/Group Filing (Check Applicable filed by One Reporting Person filed by More than One Reporting on			
(Oity)	(City) (State) (Zip)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/					tion	on 2A. Deemed Execution Date,		3. 4. Sec		4. Securitie	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			5. Amo sand 5) Securit Benefic Owned		Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3		tion(s)			(Instr. 4)
Common Stock 06/08/20							)22		М		2,500	A	\$8.0	)7	21	,098		D	
Common Stock 06/08/20						022		S		2,500	D	\$37.62	.622 <sup>(1)</sup> 18		8,598		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	se (Month/Day/Year)	if any	med on Date, Day/Year)	4. Transa Code ( 8)				6. Date Exerc Expiration Da (Month/Day/Y		ate	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		Der Sed (Ins	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amoun or Numbe of Shares	r					
Stock Options (Right to Buy)	\$8.07	06/08/2022			М			2,500	(2)		09/29/2026	Common Stock	2,500		\$0	10,075		D	

## **Explanation of Responses:**

1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$37.620 to \$37.635, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission (the "Commission"), upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote to this Form 4.

## Remarks:

/s/ Lauri Fischer, Lauri Fischer, as Attorney-in-Fact

06/09/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>2.</sup> The stock options are vested and exercisable.