FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Wilson Steven K.					2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [ GO ]										heck all D	lationship of F ck all applicab Director Officer (giv		g Per	son(s) to Iss 10% Ov Other (s	vner	
	,	irst) JTLET HOLDIN EET	09/	3. Date of Earliest Transaction (Month/Day/Year) 09/01/2022										D	SVP, Chief Purchasing Officer						
(Street) EMERY (City)	VILLE C.		94608 (Zip)		4. li	4. If Amendment, Date of Original Filed (Month/Day/Year)									S. Individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tab	le I - Nor	n-Deriv	ative	e Se	curit	ies Ad	cqu	ıired, l	Dis	posed o	of, or	Ben	eficia	lly Ov	nec	t			
, (			2. Transaction Date (Month/Day/Year)		ar)	2A. Deemed Execution Date, if any (Month/Day/Year		' I	3. Transac Code (Ir 8)	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				4 and Securiti Benefic Owned		es ally Following	Forn (D) c	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
										Code	v	Amount	ount (A) or (D)		Price	Tra		d tion(s) and 4)			(Instr. 4)
Common Stock 09/				09/01	/2022	2022				M		5,556	6 A \$		\$3.8	1 161,549		1,549	D		
Common Stock 09/01/2				/2022	2022			S <sup>(1)</sup>		5,556	5	D	\$39.	92	2 155,993			D			
		T	able II -	Derivat (e.g., p	tive s	Sec call	uritie s, wa	s Acq	quii s, c	red, Di	ispo s, c	osed of onverti	, or E	Bene secur	ficiall rities)	y Own	ed		,		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	i. Fransaction Code (Instr.				Ex	6. Date Exercisa Expiration Date (Month/Day/Year			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			Deriva Secur	3. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Da Ex	ite ercisable		xpiration ate	Title		Amount or Number of Shares						
Stock Options (Right to Buy)	\$3.81	09/01/2022			M			5,556		(2)	1	1/25/2024	Comi		5,556	\$0		16,633	3	D	

## **Explanation of Responses:**

- 1. This transaction was effected pursuant to a previously adopted Rule 10b5-1 trading plan.
- 2. These stock options are vested and exercisable.

## Remarks:

/s/ Lauri Fischer, Lauri Fischer, 09/02/2022

attorney-in-fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.