FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APP	ROVAL						
OMB Number: 3235-028							
Estimated average b	ourden						
hours per response:	0.5						

			or Section 30(h) of the Investment Company Act of 1940				
1. Name and Address of Reporting Person* Burke Pamela B.			2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [GO]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify			
(Last) (First) (Middle) C/O GROCERY OUTLET HOLDING CORP., 5650 HOLLIS STREET		,	3. Date of Earliest Transaction (Month/Day/Year) 07/05/2022	Chief Stores Officer			
(Street) EMERYVILLE (City)	CA (State)	94608 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	vidual or Joint/Group Filir Form filed by One Rep Form filed by More tha Person	porting Person	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Di Code (Instr. 5)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(111501. 4)
Common Stock	07/05/2022		M		18,060	A	\$8.57	46,168	D	
Common Stock	07/05/2022		S ⁽¹⁾		18,060	D	\$43.15	28,108	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of 3. Transaction 3A. Deemed 6. Date Exercisable and 7. Title and Amount 8. Price of 9. Number of 5. Number 10. 11. Nature Conversion or Exercise Price of Derivative Security of Securities Underlying Derivative Security Date (Month/Day/Year) Execution Date, Transaction Expiration Date (Month/Day/Year) derivative Securities Ownership of Indirect Beneficial of Derivative Code (Instr. 8) Security (Instr. 3) Security (Instr. 5) if any (Month/Day/Year) Form: Direct (D) Beneficially Securities Ownership Acquired (A) or Disposed Owned Following or Indirect (I) (Instr. 4) (Instr. 3 and 4) (Instr. 4) Reported Transaction(s) of (D) (Instr 3, 4 and 5) (Instr. 4) Amount or Number Date Expiration Date Code (A) (D) Exercisable Title Shares Stock \$8.57 07/05/2022 18,060 (2) 03/31/2027 18,060 7,015 D M **\$0** (Right to Stock

Explanation of Responses:

- 1. This transaction was effected pursuant to a previously adopted Rule 10b5-1 trading plan.
- 2. These stock options are vested and exercisable

Remarks:

/s/ Lauri Fischer, Lauri Fischer Attorney-in-Fact

07/06/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.