FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Herman Thomas F						2. Issuer Name <b>and</b> Ticker or Trading Symbol Grocery Outlet Holding Corp. [ GO ]										ionship of Reportin all applicable) Director		ng Person(s) to Issi 10% Owr		
l	OCERY OU	JTLET HOLDIN	Middl	,		3. Date of Earliest Transaction (Month/Day/Year) 07/15/2021										Office belov	er (give title w)		Other (s	specify
5650 HOLLIS STREET						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicab					
(Street) EMERY	MERYVILLE CA 94608														X	Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
(City)	(St	ate) (ž	Zip)																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Y				ear) if	2A. Deemed Execution Date ar) if any (Month/Day/Ye			3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an				d 5) Secur Benef Owne		icially d Following	Fori (D) ( Indi	m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership	
								(	Code	v	An	nount	(A) or (D)	Price			action(s) 3 and 4)	(ins	tr. 4)	(Instr. 4)
Common Stock 07.				07/15/202	1				S <sup>(1)</sup>			2,000	D	\$34.74	15 <sup>(2)</sup>	61,517				By Trust <sup>(3)</sup>
Common Stock																14,883			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)						5. Number of Derivative Securities (A) or Disposed of (D) (Instr. 3, and 5)			Expiration Date (Month/Day/Year)				Amo Secu Unde Deriv	erlying rative rity (Instr. I 4)	Deri Sec (Ins	rice of ivative urity tr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	Code V (A) (D)			Date Exercisab		ile	Expiration Date	Title	or Number of Shares						

## **Explanation of Responses:**

- 1. This transaction was effected pursuant to a previously adopted Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$34.66 to \$34.98, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 3. Reflects shares directly held by the Thomas F. Herman Separate Property Trust of which Mr. Herman is a Trustee.

## Remarks:

/s/ Pamela B. Burke, Pamela B. Burke, as Attorney-in-Fact

07/15/2021

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.