#### FORM 4

### **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Nashington,	D.C.	20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** OMB Number: 3235-0287 Estimated average burden hours per response 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  McMahon Thomas H.  (Last) (First) (Middle)  C/O GROCERY OUTLET HOLDING CORP.  5650 HOLLIS STREET  (Street)  EMERYVILLE CA 94608  (City) (State) (Zip)						2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [ GO ]  3. Date of Earliest Transaction (Month/Day/Year) 04/27/2020  4. If Amendment, Date of Original Filed (Month/Day/Year)							6. In Line	S. Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director 10% Owner     X Officer (give title Other (specify below)     See Remarks      6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person				
1. Title of Security (Instr. 3) 2. T						2A. Deemed Execution Date, Day/Year) if any			3. 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				(A) or	5. Amoun	s F	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial	
					, Day, Tour,		(Month/Day/Year)		8) Code V Amount		(A) or (D)	Price	Owned Following Reported Transaction(s) (Instr. 3 and 4)		(I) (Instr. 4)	Ownership (Instr. 4)		
Common Stock			04/27	27/2020				M		50,000	A	\$ 7.13	+	,195	D			
Common	Common Stock		04/27	04/27/2020				M		22,000	A	\$ 3.81	163	,195	D			
Common Stock			04/27	1/27/2020				S		72,000 D		\$ 32.725	91,	91,195				
Security or Exercise (Instr. 3) Price of	Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	Transaction 3A. Deemed ate Execution Da		(e.g., puts, ca		5. Number of Derivative		, .		onvertib	of, or Beneficia ertible securitie and 7. Title and An of Securities Underlying Derivative Sec (Instr. 3 and 4)			9. Number of derivative Securities Beneficially Owned Following Reported	or Ownersh Form: Direct (Dor Indirect) (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
				Co	ode	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares		Transact (Instr. 4)	ion(s)		
Stock Options (Right to Buy)	\$ 7.13	04/27/2020		1	М			50,000	(2)		11/25/2024	Common Stock	50,000	\$ 0.00	91,35	52 D		
Stock Options (Right to Buy)	\$ 3.81	04/27/2020		1	М			22,000	(3)		11/25/2024	Common Stock	10,000	\$ 0.00	148,7	708 D		
Stock Options (Right to Buy)	\$ 3.81	04/27/2020		A	(4)		70,645		(4)		11/25/2024	Common Stock	70,645	\$ 0.00	219,3	53 D		

## **Explanation of Responses:**

- 1. This amount represents the \$34.00 secondary public offering price per share of the Common Stock of the Issuer less the underwriting discount of \$1.275 per share.
- 2. Represents stock options granted on November 25, 2014 which vested in five equal installments on each of the first five anniversaries of the grant date.
- 3. These stock options are vested and exercisable.
- 4. Represents previously granted stock options which were deemed earned and acquired upon the satisfaction of certain performance vesting criteria in connection with the secondary public offering. These stock options are vested and exercisable.

### Remarks:

EVP, West, Sales & Merchandising

/s/ Pamela B. Burke, Pamela B. 04/29/2020 Burke, as Attorney-in-Fact

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.