FORM 4

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

| OMB Number: | 3235-0287 |
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Lindberg Eric J. Jr. | | | 2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [GO] | | ionship of Reporting Perso all applicable) Director | 10% Owner |
|--|-----------------------|-------------------|---|-----------|--|-----------------------|
| (Last) C/O GROCERY 5650 HOLLIS ST | (First) OUTLET HOLDII | (Middle) NG CORP. | 3. Date of Earliest Transaction (Month/Day/Year) 08/16/2024 | | Officer (give title below) | Other (specify below) |
| (Street) EMERYVILLE (City) | | 94608 (Zip) | 4. If Amendment, Date of Original Filed (Month/Day/Year) | 6. Indivi | dual or Joint/Group Filing Form filed by One Repor Form filed by More than Person | rting Person |

| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | |
|--|--|---|---|---|-------------------------------|-------------------------|-----------------------|---|---|---|--|--|
| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | | 4. Securities and Disposed Of | Acquired (D) (Instr. | (A) or 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership | | |
| | | | Code | v | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | | (Instr. 4) | | |
| Common Stock | 08/16/2024 | | M | | 100,000 | A | \$7.13 | 170,938 | D | | | |
| Common Stock | 08/16/2024 | | S | | 100,000 | D | \$18.9(1) | 70,938 | D | | | |
| Common Stock | 08/19/2024 | | M | | 100,000 | A | \$7.13 | 170,938 | D | | | |
| Common Stock | 08/19/2024 | | S | | 100,000 | D | \$18.83(2) | 70,938 | D | | | |
| Common Stock | | | | | | | | 2,026,670 | I | By Lindberg Revocable Trust ⁽³⁾ | | |
| Common Stock | | | | | | | | 401,500 | I | By Lindberg Irrevocable Trust ⁽⁴⁾ | | |
| Common Stock | | | | | | | | 460 | I | By child | | |
| Common Stock | | | | | | | | 460 | I | By spouse | | |

| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | |
|---|--|--|---|--------|---|--|---------------------|--|----------------------------|---|---------|---|--|--|--|
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | Code (| ransaction Derivative Code (Instr. Securities | | | 6. Date Exerc Expiration Da (Month/Day/Y | ate | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | Code | de V (A) (D) | | Date Exercisable | Expiration Date | Amount or Number of Shares | | | Transaction(s) (Instr. 4) | | | |
| Stock Options (Right to Buy) | \$7.13 | 08/16/2024 | | М | | | 100,000 | (5) | 10/21/2024 | Common Stock | 100,000 | \$0 | 500,095 | D | |
| Stock Options (Right to Buy) | \$7.13 | 08/19/2024 | | М | | | 100,000 | (5) | 10/21/2024 | Common Stock | 100,000 | \$0 | 400,095 | D | |

Explanation of Responses:

- 1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$18.72 to \$19.09, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$18.73 to \$18.92, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 3. Reflects shares directly held by The Lindberg Family Revocable Trust u/a/d 2/14/2006 of which Mr. Lindberg is a Trustee
- 4. Reflects shares directly held by the Lindberg Irrevocable Trust u/a/d 5/12/17 of which Mr. Lindberg is a Trustee.
- 5. These stock options are vested and exercisable, and have an expiration date of 10/21/2024.

Remarks:

/s/ Lauri Fischer, Lauri Fischer, 08/20/2024 attorney-in-fact

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.