FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average b	urden								
- 1	L	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					10	r Sect	ion 30	(h) of the	Investme	ent Co	ompany Act	of 1940							
1. Name and Address of Reporting Person* McAndrews Brian						2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [GO]							5. F (Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O GROCERY OUTLET HOLDING CORP. 5650 HOLLIS STREET				05	3. Date of Earliest Transaction (Month/Day/Year) 05/24/2022 4. If Amendment, Date of Original Filed (Month/Day/Year)								X Officer (give title Other (specify below) See Remarks						
(Street) EMERY (City)		CA State)	94608 (Zip)		_ 4.	4. If Americanent, Date of On					Onginai Filed (Month/Day/Year)				dividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tak	ole I - No	n-Deri	vativ	e Se	curit	ties Ac	quired	, Dis	sposed c	of, or Be	neficial	y Owned					
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date		on Date,	Transaction Code (Instr.					Benefici	es ally Following	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)	Price	Transac (Instr. 3	tion(s)			(III3ti. 4)	
Common Stock 05/24/2					4/2022	2022			М		15,433	A	\$12.4	34	,966	D			
Common Stock 05/24/2				4/2022	2022			S		15,433	D	\$38.91	(1) 19	19,533		D			
			Table II								osed of, converti			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	Code (In:				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transaction (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Stock Options (Right to	\$12.4	05/24/2022			M			15,433	(2)		06/25/2028	Common	15,433	\$0	46,299	9	D		

Explanation of Responses:

- 1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$38.89 to \$38.98, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission (the "Commission"), upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote to this Form 4.
- 2. These stock options were granted on June 25, 2018 and vest in five equal installments on each of the first five anniversaries of the grant date.

Remarks:

Buy)

Chief Store Development Officer

/s/ Lauri Fischer, Lauri Fischer,

05/25/2022

attorney-in-fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.