Instruction 1(b).

FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  MATTHEWS NORMAN S						2. Issuer Name <b>and</b> Ticker or Trading Symbol Grocery Outlet Holding Corp. [ GO ]									k all app Direc	plicable) ctor		Person(s) to Issuer 10% Owner		
(Last) (First) (Middle) C/O GROCERY OUTLET HOLDING CORP.,					3. Date of Earliest Transaction (Month/Day/Year) 08/16/2022										Office below	er (give title		Other below	(specify	
5650 HOLLIS STREET						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) EMERYVILLE CA 94608														X		filed by Or filed by Mo		•	- 1	
(City)	(Sta	ate) (Z	Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Ye			Execution [		on Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			nd 5) Securitie Beneficia Owned F		ies ially Following	Form: (D) or Indire	: Direct	7. Nature of Indirect Beneficial Ownership			
								[	Code	v	Amount	(A) or (D)			Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)	
Common Stock 08/16/2022				22	2			S		11,754	D	\$42.011 <sup>(1)</sup>		112,095			I	By Matthews Family Trust <sup>(2)</sup>		
Common Stock 08				08/18/202	22				S		38,246	D	\$42.2	58 <sup>(3)</sup>	73,849			I	By Matthews Family Trust <sup>(2)</sup>	
Common S	Stock														37	,293		D		
		Tal	ble I	I - Derivati											Owne	d				
Derivative Security (Instr. 3)	itle of ivative Conversion or Exercise Price of Derivative Security  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  3. Transaction Date (Execution Date, if any (Month/Day/Year)		4. Transa Code ( 8)	action (Instr.	5. Nurr of Deriva Secur Acqui (A) or Dispo of (D) (Instr. and 5)	nber ative ities red sed	6. D Exp (Mo	Options, convertib  6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)  Amoun or Numbe of Title Shares		8. Price of Derivative Security Instr. 5)  8. Price of derivative Security Beneficia Owned Following Reported Transacti (Instr. 4)		ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)			

## **Explanation of Responses:**

- 1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$42.00 to \$42.09, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission (the "Commission"), upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote to this Form 4.
- 2. Reflects shares directly held by The Matthews Family 2020 Trust dtd 11/24/2020 of which Mr. Matthews is a Trustee.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$42.00 to \$42.48, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission (the "Commission"), upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote to this Form 4.

## Remarks:

/s/ Lauri Fischer, Lauri Fischer, attorney-in-fact

\*\* Signature of Reporting Person

08/19/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.