FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person*     Bracher Charles |   |   |  |            |  | 2. Issuer Name and Ticker or Trading Symbol Grocery Outlet Holding Corp. [ GO ] |   |                |  |       |  |   |   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner |                         |   |   |
|---|---|---|--|------------|--|---|---|----------------|--|-------|--|---|---|---|-------------------------|---|---|
|   | (Last) (First) (Middle) C/O GROCERY OUTLET HOLDING CORP. 5650 HOLLIS STREET |   |  |            |  | 3. Date of Earliest Transaction (Month/Day/Year) 09/21/2020                     |   |                |  |       |  |   |   | X Officer (give title Other (specify below)  Chief Financial Officer                        |                         |   |   |
| (Street) EMERYVILLE CA 94608                              |   |   |  | _ 4.1      | 4. If Amendment, Date of Original Filed (Month/Day/Year) |   |   |                |  |       |  |   | 6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person |   |                         |   |   |
| (City)  | ity) (State) (Zip)  |   |  |            | -  | Form filed by More than One Reporting Person                                    |   |                |  |       |  |   |   |   |                         |   |   |
|   |   | Tab                                       | le I - No                                    | n-Deri     | vativ  | e Se  | curit   | ties Ac        | quired   | , Dis | sposed o   | f, or Be  | neficia   | Illy Owned  |                         |   |   |
| Date  |   |   |  | Date       | Fransaction<br>te<br>onth/Day/Year)                      |   | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) |                | 3.<br>Transaction<br>Code (Instr.<br>8)            |       | 4. Securities Acquired (A)<br>Disposed Of (D) (Instr. 3, 4 |   | d (A) or<br>c. 3, 4 and   | Benefici<br>Owned I   | es<br>ally<br>Following | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |
|   |   |   |  |            |  |   |   |                | Code   | v     | Amount   | (A) or<br>(D)   | Price   | Reporte<br>Transac<br>(Instr. 3   | tion(s)                 |   | (Instr. 4)  |
| Common Stock  |   |   |  | 09/21/2020 |  |   |   |                | M  |       | 12,500   | A   | \$3.8   | 81 66   | ,269                    | D   |   |
| Common Stock  |   |   |  | 09/21/2020 |  |   |   |                | <b>S</b> <sup>(1)</sup>                            |       | 12,500   | D   | \$37.8  | 5(2) 53   | ,769                    | D   |   |
| Common Stock  |   |   |  |            |  |   |   |                |  |       |  |   |   | 1,  | 410                     | I   | By spouse   |
| Common Stock  |   |   |  |            |  |   |   |                |  |       |  |   |   | 4   | .00                     | I   | By child <sup>(3)</sup>                             |
| Common Stock  |   |   |  |            |  |   |   |                |  |       |  |   |   | 4   | .00                     | I   | By child <sup>(4)</sup>                             |
| Common Stock  |   |   |  |            |  |   |   |                |  |       |  |   | 400   |   | I                       | By child <sup>(5)</sup>   |   |
|   |   | -   | Table II                                     | Deriva     | ative<br>puts,   | Sec<br>call   | uritie<br>Is, wa  | es Acquarrants | uired,<br>, optio                                  | Disp  | osed of,<br>convertil                                      | or Bend   | eficiall<br>irities)  | y Owned   |                         | ,   |   |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)       | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security       | 3. Transaction<br>Date<br>(Month/Day/Year | 3A. Deem<br>Executior<br>if any<br>(Month/Da | n Date,    | 4.<br>Transactior<br>Code (Instr.<br>8)                  |   | 5. Number of  |                | 6. Date Exercis<br>Expiration Dat<br>(Month/Day/Ye |       | te   | 7. Title and Amo<br>of Securities<br>Underlying<br>Derivative Secur<br>(Instr. 3 and 4) |   | Derivative<br>Security  |                         | Owners<br>Form:<br>Direct (I<br>or Indire<br>(I) (Instr           | Beneficial<br>Ownership<br>ct (Instr. 4)            |
|   |   |   |  | Co         | Code   | v   | (A)   | (D)            | Date<br>Exercisa                                   |       | Expiration<br>Date   | Title   | Amoun<br>or<br>Number<br>of<br>Shares   | ber   |                         |   |   |
| Stock<br>Options<br>(Right to<br>Buy)                     | \$3.81  | 09/21/2020                                |  |            | M  |   |   | 12,500         | (6)  |       | 11/25/2024   | Common<br>Stock   | 12,500  | \$0.00  | 234,53                  | 60 D  |   |
| Evalenatio  | of Poenon   |   |  |            |  |   |   |                |  |       |  |   |   |   |                         |   |   |

- 1. The sales reported in this Form 4 were effected pursuant to a previously adopted Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$37.43 to \$38.20, inclusive. The reporting person undertakes to provide to Grocery Outlet Holding Corp. (the "Issuer"), any security holder of the Issuer or the staff of the Securities and Exchange Commission (the "Commission"), upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (2) to this Form 4.
- 3. Reflects shares directly held by a trust for the benefit of the reporting person's eldest child, who shares the reporting person's household. The reporting person disclaims beneficial ownership of the shares held on behalf of his child by this trust, and this report should not be deemed an admission that the reporting person is the beneficial owner of such shares for purposes of Section 16 or for any other purpose.
- 4. Reflects shares directly held by a trust for the benefit of the reporting person's second eldest child, who shares the reporting person's household. The reporting person disclaims beneficial ownership of the shares held on behalf of his child by this trust, and this report should not be deemed an admission that the reporting person is the beneficial owner of such shares for purposes of Section 16 or for any other
- 5. Reflects shares directly held by a trust for the benefit of the reporting person's youngest child, who shares the reporting person's household. The reporting person disclaims beneficial ownership of the shares held on behalf of his child by this trust, and this report should not be deemed an admission that the reporting person is the beneficial owner of such shares for purposes of Section 16 or for any other purpose.
- 6. Represents previously granted stock options which were deemed earned and acquired upon the satisfaction of certain performance vesting criteria. These stock options are vested and exercisable.

## Remarks:

/s/ Pamela B. Burke, Pamela B. Burke, as Attorney-In-Fact

09/23/2020

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.